

性爱菜单

Sex Menu

选一道前菜、一道主菜、一道甜点。Choose one appetizer, one main, and one dessert.

前菜 Appetizers

- 1 慢吻 5 分钟
Five-minute slow kiss
- 2 颈肩亲吻
Neck and shoulder kisses
- 3 轻柔按摩
Slow, caring massage

主菜 Mains

- 1 口交照顾
Oral attention
- 2 手部爱抚
Hands-on touch
- 3 今晚你选体位
You choose the position tonight

甜点 Desserts

- 1 一起洗澡
Shower together
- 2 抱一会儿再聊天
Cuddle, then talk about what felt good
- 3 写下下次想试的事
Write down one thing to try next time

只给双方自愿的成年人使用；任何时候都可以暂停、调整或说不。

For consenting adults only. Either partner can pause, change direction, or say no at any time.